



L.P.A.L. NEWS



Lancaster/Fairfield County

"It's Better to Build Youth than Mend Adults"

August 2015

We are Fairfield County's Lancaster Police Athletic/Activities League; our mission is to promote good sportsmanship, high morals, leadership and community service to the youth of Fairfield County through athletics and activities. All this would not be possible without the continued generosity and support of our volunteers and sponsors.

August Schedule:

USA Amateur Boxing

for all ages is Monday thru Friday from 5:00 until 7:00

Leadership meetings, trips and projects for all members are scheduled throughout the month.

The Fairfield County Lancaster Police Athletic/Activities League YMCA Rec Plex

1180 E. Locust St.

Phone: 740 503 1936

Mail: Lancaster P.A.L.

P.O.B. 488

Lancaster, OH 43130

www.lancasterpal.com or find

us on 

Boxing has been located at the Rec Plex for over 2 years and has had tremendous success. The program is based on a journey of self improvement and takes a holistic approach for individuals to help them reach their full potential. Many athletes participate in leadership roles and community projects such as ManiCURE for the CURE and downtown beautification. Jamey Mathias encourages community responsibility and ownership throughout the program.



July was a busy month at Lancaster P.A.L.



4th of July Parade



Community Service



H.I.T. Heroes In Training



FREEfit Saturday



Police Activities League a Friends Pool Party